

Am I  
Beautiful?



I. The shallow view  
of beauty that our  
culture holds.



## GENESIS 3:1-6 NLT

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<sup>1</sup> The serpent was the shrewdest of all the wild animals the Lord God had made. One day he asked the woman, “Did God really say you must not eat the fruit from any of the trees in the garden?”





## GENESIS 3:1-6 NLT

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<sup>2</sup> “Of course we may eat fruit from the trees in the garden,” the woman replied.

<sup>3</sup> “It’s only the fruit from the tree in the middle of the garden that we are not allowed to eat. God said, ‘You must not eat it or even touch it; if you do, you will die.’”



## GENESIS 3:1-6 NLT

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<sup>4</sup> “You won’t die!” the serpent replied to the woman. <sup>5</sup> “God knows that your eyes will be opened as soon as you eat it, and you will be like God, knowing both good and evil.”



## GENESIS 3:1-6 NLT

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<sup>6</sup> The woman was convinced. She saw that the tree was beautiful and its fruit looked delicious, and she wanted the wisdom it would give her. So she took some of the fruit and ate it. Then she gave some to her husband, who was with her, and he ate it, too.





II. The deeper view  
of beauty that  
God holds.



## MATTHEW 23:25-28 NLT

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<sup>25</sup> “What sorrow awaits you teachers of religious law and you Pharisees. Hypocrites! For you are so careful to clean the outside of the cup and the dish, but inside you are filthy — full of greed and self-indulgence! <sup>26</sup> You blind Pharisee! First wash the inside of the cup and the dish, and then the outside will become clean, too.”





## MATTHEW 23:25-28 NLT

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<sup>27</sup> “What sorrow awaits you teachers of religious law and you Pharisees. Hypocrites! For you are like whitewashed tombs — beautiful on the outside but filled on the inside with dead people’s bones and all sorts of impurity. <sup>28</sup> Outwardly you look like righteous people, but inwardly your hearts are filled with hypocrisy and lawlessness.”



To God, beauty isn't  
what you put on, it's  
what you put in.



III. Virtues that God  
says we need to be  
full of beauty.





## PROVERBS 31:10-11 NLT

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- <sup>10</sup> Who can find a virtuous and capable wife? She is more precious than rubies.
- <sup>11</sup> Her husband can trust her, and she will greatly enrich his life.



## PROVERBS 31:25-26 NLT

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- <sup>25</sup> She is clothed with strength and dignity, and she laughs without fear of the future.
- <sup>26</sup> When she speaks, her words are wise, and she gives instructions with kindness.



## PROVERBS 31:28-30 NLT

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- 28 Her children stand and bless her. Her husband praises her:
- 29 “There are many virtuous and capable women in the world, but you surpass them all!”
- 30 Charm is deceptive, and beauty does not last; but a woman who fears the Lord will be greatly praised.





Full of Faith.



# Full of Faith.

## HEBREWS 11:6 NLT

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<sup>6</sup> And it is impossible to please God without faith. Anyone who wants to come to him must believe that God exists and that he rewards those who sincerely seek him.



# Full of Faith.

## JAMES 1:2-4 NIV

<sup>2</sup> Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, <sup>3</sup> because you know that the testing of your faith produces perseverance. <sup>4</sup> Let perseverance finish its work so that you may be mature and complete, not lacking anything.





Full of Understanding.



# Full of Understanding.

## JAMES 3:17 NIV

<sup>17</sup> But the wisdom that comes from heaven is first of all pure; then peace-loving, considerate, submissive, full of mercy and good fruit, impartial and sincere.



Full of Trust.





# Full of Trust.

## ISAIAH 12:2 NLT

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<sup>2</sup> “See, God has come to save me.  
I will trust in him and not be afraid.  
The Lord God is my strength and my song;  
he has given me victory.”



# Full of Trust.

## ISAIAH 26:3-4 NLT

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- <sup>3</sup> You will keep in perfect peace  
all who trust in you, all whose thoughts  
are fixed on you!
- <sup>4</sup> Trust in the Lord always,  
for the Lord God is the eternal Rock.



# Full of Trust.

## PROVERBS 31:11 NLT

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<sup>11</sup> Her husband can trust her,  
and she will greatly enrich his life.





Full of Love.



# Full of Love.

## 1 CORINTHIANS 13:4-7 NIV

<sup>4</sup> Love is patient, love is kind. It does not envy, it does not boast, it is not proud. <sup>5</sup> It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. <sup>6</sup> Love does not delight in evil but rejoices with the truth. <sup>7</sup> It always protects, always trusts, always hopes, always perseveres.



# Full of Love.

## JOHN 13:35 NLT

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<sup>35</sup> “Your love for one another will prove to the world that you are my disciples.”





## ISAIAH 53:2B-6 NLT

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There was nothing beautiful or majestic about his appearance, nothing to attract us to him.

<sup>3</sup> He was despised and rejected — a man of sorrows, acquainted with deepest grief.

We turned our backs on him and looked the other way. He was despised, and we did not care.



## ISAIAH 53:2B-6 NLT

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<sup>4</sup> Yet it was our weaknesses he carried;  
it was our sorrows that weighed him  
down.

And we thought his troubles were a  
punishment from God,  
a punishment for his own sins!



## ISAIAH 53:2B-6 NLT

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<sup>5</sup> But he was pierced for our rebellion,  
crushed for our sins.

He was beaten so we could be whole.

He was whipped so we could be  
healed.





## ISAIAH 53:2B-6 NLT

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<sup>6</sup> All of us, like sheep, have strayed away.

We have left God's paths to follow our own.

Yet the Lord laid on him the sins of us all.



## ISAIAH 53:11-12 NLT

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<sup>11</sup> When he sees all that is accomplished  
by his anguish,  
he will be satisfied.

And because of his experience,  
my righteous servant will make it  
possible

for many to be counted righteous,  
for he will bear all their sins.



## ISAIAH 53:11-12 NLT

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<sup>12</sup> I will give him the honors of a victorious soldier, because he exposed himself to death. He was counted among the rebels. He bore the sins of many and interceded for rebels.

