

Hebrews 6:19a NLT

¹⁹ This hope is a strong and trustworthy anchor for our souls.



I. We all need some hope.



The human race is not doing well right now.

- Antidepressants are the 3rd most common prescription drug.



- Depending on the country, suicide is the first or second leading cause of death among young people.



- In 2012, during the war in Afghanistan, we lost more of our soldiers to suicide than we did to combat.

National Center or Health Statistics, "Heath, United States, 2010: With Special Feature on Death and Dying," Table 95; World Health Organization, "Depression: Fact Sheet," April 2016; Sabrina Tavernise, "U.S Suicide Rate Surges to a 30-Year High," *New York Times*, April 21, 2016; Gregg Zoroya, "Suicide Surpassed War as the Military's Leading Cause of Death," *USA Today*, October 31, 2014



What hope can do.

- You are more likely to overcome cancer or any physical affliction with hope.



- You are more likely to survive a plane crash or other survival scenarios.



- Hope can be a determining factor in overcoming poverty.



- Hope literally heals structures of your brain.

Jerome Groopman, *The Anatomy of Hope: How People Prevail in the Face of Illness* (New York: Random House, 2005), xvi; Stacy Lu, "Turning Lives Around with Hope," *American Psychological Association* 45, no. 10 (2014): 26; Caroline Leaf, *Switch on Your Brain* (Grand Rapids: Baker, 2013), 31-55.



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¹⁹ This hope is a strong and trustworthy anchor for our souls.



In an untethered world, we need a hope that
can anchor us.



II. So what is hope?



1 Cor. 13:13a NLT

¹³ Three things will last forever—faith, hope,
and love.



Faith is something that looks backward.



Faith is something that looks backward.

Love is exercised in the present moment.



Faith is something that looks backward.
Love is exercised in the present moment.
Hope looks forward to what is coming.



Romans 8:24-25 NIV

²⁴ For in this hope we were saved. But hope that is seen is no hope at all. Who hopes for what they already have? ²⁵ But if we hope for what we do not yet have, we wait for it patiently.



Hope is confident expectation of goodness
coming to us.



III. The hope of a new heaven and new earth.



Isaiah 65:17-19 NIV

¹⁷ “See, I will create

new heavens and a new earth.

The former things will not be remembered,
nor will they come to mind”.



18 “But be glad and rejoice forever
in what I will create,
for I will create Jerusalem to be a delight
and its people a joy”.



19 “ I will rejoice over Jerusalem
and take delight in my people;
the sound of weeping and of crying
will be heard in it no more” .



Rev. 21:1-3 NIV

21 Then I saw “a new heaven and a new earth,” for the first heaven and the first earth had passed away, and there was no longer any sea. ²I saw the Holy City, the new Jerusalem, coming down out of heaven from God,



prepared as a bride beautifully dressed for her husband. ³ And I heard a loud voice from the throne saying, "Look! God's dwelling place is now among the people, and he will dwell with them. They will be his people, and God himself will be with them and be their God.



IV. The hope of the old gone and all things
being made new.



Rev. 21:4-5 NLT

⁴ "He will wipe every tear from their eyes, and there will be no more death or sorrow or crying or pain. All these things are gone forever."

⁵ And the one sitting on the throne said, "Look, I am making everything new!" And then he said to me, "Write this down, for what I tell you is trustworthy and true."



